

# LeadHERship League Program Application



Hub City Outreach Center

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## LeadHERship League Mentor Program Overview

Hub City Outreach Center's LeadHERship League (LL) Mentoring Program is dedicated to supporting identifying-female youth to be healthy, successful leaders for any life path they choose. To achieve this goal, LeadHERship League offers youth an impactful one-on-one mentoring program with a strong, successful female leader in our community. LL is developed around amplifying the development of youth's life-skills and female-specific empowerment proficiencies within the eight dimensions of wellness. In addition, our program offers pro-social activities, referrals, coaching and relationship support and guidance from our qualified staff.

As a volunteer Mentor in LeadHERship League, you will learn how to support your mentee with the Thrive Model of Positive Youth Development. Hub City Outreach Center believes youth who believe in themselves and are properly supported with accomplish the 6 C Outcomes. A Mentor seeks to help youth see and understand their individual potential and feel comfortable growing where they are planted.

### **The 6 C Outcomes are:**

1. Competence
2. Confidence
3. Character
4. Caring
5. Connection
6. Contribution

### **Our Mentors are required to uphold the following five ethical mentoring standards:**

1. Mentors must promote and ensure the welfare and safety of their mentees at all times.
2. Mentors must be trustworthy and responsible.
3. Mentors must always act with integrity.
4. Mentors must promote justice and not engage in discrimination towards their mentees.
5. Mentors must respect the rights and dignity of their mentees and their mentees' families.

Matches are based on **personality traits, interests, preference and commitment**. It is obvious that the people we feel comfortable around are those with whom we feel we have a connection with. People with whom we feel we have a connection are the same people with whom we naturally form and develop a bond with and entrust with our personal lives. For this reason, we ask all mentors and mentees to share information about their interests and skills and to take a simple personality assessment at the time of their interview. Every effort is made to match you with a youth that may have similar interests and personality traits. Some matches are better for different people for different reasons, even if they have similar interests and personality traits. It is important to remember that all relationships take effort, time and commitment.

## LeadHERship League Program Life Skills Synopsis

The LeadHERship League Mentoring Program ensures youth have access to an environment where life skills and leadership skills can be discovered and practiced. The greatest opportunity that LL can offer is a mentoring relationship with a caring adult. To further support the match relationship, LL offers the match intentional conversation starters and skill-building activities to strengthen the relationship and promote skill-learning.

As a mentor you are asked to engage with your mentee in the Empowerment Conversation each month. Empowerment Conversations can come in many different forms such as several questions to start a conversation, an engaging activity or resources to explore together. Each month LL will provide a topic and suggested conversation. Feel free to adjust the conversation to the needs of your mentee and incorporate your own knowledge and experiences.

Each month, LL Mentor Specialist will send you 1) a Monthly Empowerment Conversation 2) a Monthly Resource and 3) a Monthly Feedback Survey.

### **8 Dimensions of Wellness Empowerment Conversations —**

**Jan/May/September:** Intellectual & Physical

**Feb/June/Oct:** Emotional & Social

**Mar/July/Nov:** Spiritual & Education/Vocational

**Apr/August/Dec:** Environmental & Financial

### **Monthly Life Skills Resources —**

This resource will be on a topic where we find mentors often need extra support from us. Topics will include things such as social media, mental health challenges, substance use, bullying, feminine-specific challenges and more. These are not conversations you need to be having with your mentee, simply resources and information for you so you can best support your mentee.

### **Monthly Feedback Survey —**

The Monthly Feedback Survey will be confidentially completed by the mentor and also mentee. This will assist the Mentoring Specialists in gathering resources for the matches and serve as a general check in and aide for addressing any concerns within the match relationship.

### **Pro-Social Activities —**

LeadHERship League supports matches and life skill development by hosting activities for matches to attend or sharing about opportunities in the community. Each month you will receive invites and ideas to support you as you plan your meet ups. Your mentor specialist is happy to help find the right activity for you and your mentee!

### **Homework —**

Hub City Outreach Center offers free tutoring to youth for academic support. LeadHERship League will have it's own set of mentors who specifically are looking to assist in the academic realm. Outside of this specific set of mentors, mentees can utilize our free tutors *and* have a mentor for skill-development.

# Positive Youth Outcomes – 6 Cs

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## Competence

Having ability and motivation...

- **Civic and social:** To work collaboratively with others for the larger good, and to sustain caring friendships and relationships with others.
- **Cultural:** To respect and affirmatively respond to differences among groups and individuals of diverse backgrounds, interests, and traditions.
- **Physical health:** To act in ways that best ensure current and future physical health for self and others.
- **Emotional health:** To respond affirmatively and cope with positive and adverse situations, reflect on one's emotions and surroundings, and engage in leisure and fun.
- **Intellectual:** To learn in school and in other settings; gain basic knowledge needed to graduate from high school; use critical-thinking, creative, problem-solving, and expressive skills; and conduct independent study.
- **Employability:** To gain the functional and organizational skills necessary for employment, including an understanding of career options and the steps necessary to reach goals.

## Confidence

- Having a sense of mastery and future: being aware of one's progress in life and having expectations of continued progress in the future.
- Having a sense of self-efficacy: being able to contribute and perceive one's contributions as meaningful.

## Character

- Having a sense of responsibility and autonomy: accountability for one's conduct and obligations; independence and control over one's life.
- Having a sense of spirituality and self-awareness.
- Having an awareness of one's own personality or individuality.

## Caring

- Having a sense of sympathy and empathy for others; commitment to social justice.

## Connection

- **Membership and belonging:** being a participating member of a community, being involved in at least one lasting relationship with another person.
- **Having a sense of safety and structure:** being provided adequate food, shelter, clothing, and security, including protection from injury and loss.

## Contribution

- Being involved as active participant and decision maker in services, organizations, and community.

**General Information**

**Volunteer Mentor Information**

Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
Date of Birth (MM/DD/YYYY): \_\_\_\_\_  
Cell #: \_\_\_\_\_  
Home/Other #: \_\_\_\_\_  
Email: \_\_\_\_\_  
Ethnicity: \_\_\_\_\_  
Language Fluencies: \_\_\_\_\_  
Sex: \_\_\_\_\_  
Gender: \_\_\_\_\_

**Emergency Contact Information**

Name: \_\_\_\_\_  
Relationship to: \_\_\_\_\_  
Address: \_\_\_\_\_  
Cell #: \_\_\_\_\_  
Home/Other #: \_\_\_\_\_  
Email: \_\_\_\_\_

Hub City Outreach Center and LeadHERship League do not discriminate against any volunteer or volunteer application on the basis of race, color, national origin (ancestry), gender, sexual orientation or expression, religion (creed), political affiliation, citizenship status, ages, size, genetic information, marital status or military status or any other status protected by state or local law.

**References and Other Information**

**References:** List four people who can serve as a character reference for you. Only one can be related to you. All references must be individuals you have known for a minimum of 2 years.

**Reference 1:** Name: \_\_\_\_\_

Length of Time Known: \_\_\_\_\_

Relationship: \_\_\_\_\_

Email: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_ Phone: \_\_\_\_\_

**Reference 3:** Name: \_\_\_\_\_

Length of Time Known: \_\_\_\_\_

Relationship: \_\_\_\_\_

Email: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_ Phone: \_\_\_\_\_

**Reference 2:** Name: \_\_\_\_\_

Length of Time Known: \_\_\_\_\_

Relationship: \_\_\_\_\_

Email: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_ Phone: \_\_\_\_\_

**Reference 4:** Name: \_\_\_\_\_

Length of Time Known: \_\_\_\_\_

Relationship: \_\_\_\_\_

Email: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_ Phone: \_\_\_\_\_

**Do you have children?**  Yes  No Son(s) \_\_\_\_\_ Age(s) \_\_\_\_\_ Daughter(s) \_\_\_\_\_ Age(s) \_\_\_\_\_

**Do you have any siblings?**  Yes  No Sister(s) \_\_\_\_\_ Brother(s) \_\_\_\_\_

**How did you hear about the LeadHERship League Mentoring Program?**

- Facebook     Instagram     Teacher     Friend     Family     HCOC Website     HCOC Staff  
 Trusted Adult     CIS     YWCA     B&GC     Other: \_\_\_\_\_

Hub City Outreach Center and LeadHERship League reserves the right to accept or decline volunteers based on the information gathered. For reasons of confidentiality, Hub City Outreach Center and LeadHERship League will not share this information or reasons of approval or denial with any applicant. By signing this application, I certify that the information I have supplied is correct to the best of my knowledge. I give my permission to contact the references provided and to complete a background check.

**Match Information Overview**

**1. Educational Background:** Please share your educational background and subject strengths.

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**2. Work Experience:** Please share a brief history of your work experience. Who is your current employer?

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**3. Volunteer Work Experience:** Please share a brief history of your volunteer experience and reason(s) for discontinuing volunteering.

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**4. Interests:** List any special interests, skills or hobbies you have.

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**5. Do you have any limitations that HCOC LL should be aware of so we can better support you?**

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**6. Besides home, work and school, where do you spend most of your time?**

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**7. Share an idea of a typical weekday for you:**

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**8. Share an idea of a typical weekend for you:**

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**9. Have you ever had a mentor? If yes, how did that person impact your life?**

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**10. What do you think the role of a mentor should be?**

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**11. Think back to the stressors you went through as a teenager. What were they and how did you overcome them?**

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