**Navigating STARCARE Triage for Mental Health Services**
Want to help or learn more about Adult Mental Health Services?
If you are in a crisis situation, you can call StarCare's Crisis Line anytime, 24 hours a day, 7 days a week at **(806) 740-1414**, or toll-free at **(800) 687-7581**.

If you are not in a crisis situation, and you would like to find out more about how to access services for someone with mental illness, *please* call Triage/Assessment at **(806) 740-1421**.

Routine Services (Intake, Screening and Assessment): **(806) 766-0310.**

More great resources for **YOU.**

**Covenant Health**Website: https://www.covenanthealth.org/our-services/behavioral-health/
Phone: **(806) 725-7034**
Location: 4001 22nd Street Bldg. #66**.**Lubbock, Texas 79410

**Texas Tech Marriage and Family Clinic**Website: http://www.depts.ttu.edu/hs/mft/
Phone: **(806) 742-3060**Location: Texas Tech University, P.O. Box 41250, Lubbock, TX

**Family Counseling Services**Website: http://www.fcslubbock.org/
Phone: **(806) 747-3488**Location 5701 Avenue P, Building 9, Lubbock, TX, 79412

**Family Guidance and Outreach Center**Website: http://www.familyguidancecenterlubbock.org/
Phone: **(806) 747-5577**

Location: #5 Briercroft Office Park, Lubbock, Texas 79412

Please call the StarCare Crisis Line at **(800) 687-7581** or dial **911** if you are in a crisis that requires immediate hospital care.