

Hub City Happenings

Hub City Outreach Center

December 12, 2019
Volume 1, Issue 8

The Hot Talk

Important Events & Dates:

December is National Impaired Driving Month!

Pearl Harbor Remembrance Day 12/7

-Silent Wings Museum, FREE until Noon

Dino Rush Demo @ 1pm 12/7

-HobbyTown Family event ages 3+

The Joy of Christmas Brass Concert 12/9

-Westminster Presbyterian Church @7pm

Santa Land opens to Public 12/10

-Mackenzi Park starts @6pm

The Nutcracker Ballet 12/12

-Lubbock Memorial Civic Center @7pm

Caroling in the Courtyard 12/13

-Buddy Holly Center @6pm

41st Annual Candlelight 12/14

-National Ranching Heritage Center @6:30pm

Christmas Eve!!!!!!! 12/24

Christmas Day!!!!!!! 12/25

New Years Eve!!!!!! 12/31

Joke of the Month:

Q. What's St. Nicholas's favorite measurement in the metric system?

A. The Santameter!

Jokes for December were submitted by RAFA!!

Q: What do you call a snowman with a six pack?

A: An abdominal snowman

Thank you Rafa!

Submit your best joke to:
Team@HubCityOutreachCenter.org

Please include your name, school/agency and your joke/riddle.

Your events can be featured. Reach out via email with your event details to be on next month's issue.

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“We Want You To Know...”

December is National Impaired Driving Month. According to transportation.gov, they define impaired driving as operating a motor vehicle while under the influence of alcohol. It is defined in the United States as a blood alcohol content (BAC) greater than or equal to 0.08% (mass of alcohol per volume of blood in the body). Using illegal drugs and the misuse and abuse of prescription pills while operating a motor vehicle is also impaired driving and can be very dangerous.

WHAT IS THE LAW?

According to cdc.gov, Drunk driving laws make it illegal nationwide to drive with a BAC at or above 0.08%. For people under 21, “zero tolerance” laws make it illegal to drive with any measurable amount of alcohol in their system. These laws, along with laws that maintain the minimum legal drinking age at 21, are in place in all 50 states and the District of Columbia, and have had a clear effect on highway safety, saving tens of thousands of lives since their implementation.

NATIONAL STATISTICS:

According to cdc.gov, 2016, 10,497 people died in alcohol-impaired driving crashes, accounting for 28% of all traffic-related deaths in the United States.1

Drugs other than alcohol (legal and illegal) are involved in about 16% of motor vehicle crashes.4

LUBBOCK STATISTICS:

According to the Lubbock Police Departments report from May 23, 2018 – June 1, 2019, there were 323 DWIs in the City of Lubbock.

There were 12 vehicle fatalities related to alcohol reported in the City of Lubbock from May 23, 2018-June 1, 2019.

2 HCOC's Hallmarks

We are MOVING!!! Yes, you read that correct. We started this fiscal year renting out an office space out at Lubbock Impact. The space has been very beneficial for the work that we do in the community. Because of our services we provide, and the demand is high, we need to employ more staff and to provide more services! So, we found a building that will help us continue our services and be able to expand our organization with new staff.

Our new building will have multiple offices to hold YPI and YPS youth prevention specialist along with other future programs that align with HCOC's mission and Vision. This new building will be big enough to hold small groups and sessions.

We will continue to hold Wednesday night classes at Lubbock Impact, so nothing will change there! We love our kids and Lubbock Impact and we will continue our partnership with them.

Our new facility will be in the Briercroft Office Park. Look out for our ribbon cutting through the Lubbock Chamber of Commerce and on our Facebook page in 2020!!



New Address: 4 Briercroft Office Park,
Lubbock, TX 79412

Meet the new staff to HCOC!!!

Gina Galvan, Prevention Specialist



Linda Arroyos, Prevention Specialist



Shayla Hammock, Prevention Specialist



HCOC is still in the search for folks who believe in the prevention education and who want to give back to the community of Lubbock. Each one of these specialists brings a strength to this organization and a unique outlook at life and we are proud to have them work with our kids and the kids of Lubbock, TX.

Volunteer with Hub City Outreach Center

Not all volunteer opportunities have to take your entire day. If you're looking for something that is only a few hours weekly, listen up! Hub City Outreach Center is at Lubbock Impact on Wednesday's from 6:00p-7:30p. With the variety of programs, we host on the third floor, one skill is imperative: **Patience**. If you're a Picasso, a Hendrix or an Aristotle, be a buddy for our youth as they travel through their evening ventures. Feel free to bring a friend! If you have kids under the age

of 18, they are welcome to participate in our programs as long as you are present. Please wear comfortable clothes and tennis shoes.

If you can't make a day but want to make a difference, make a donation. We are always accepting youth/young adult clothes, shoes, linens, hygiene products, school supplies, incentives and monetary donations. Please reach out or visit our

website for more information.

Available days for Volunteer Hours:

→ Wednesday evening sessions:

* Lubbock Impact & HCOC's youth program are both serving sites!!! *

Dec. 4th, 11th, & 18th
6:00p-7:30p at 2707 34th Street

Questions:

Call/Text: Jacqueline- 832.226.2995

Partnership Spotlight: Irons Middle School

This month HCOC would like to recognize Mrs. Collins Family Consumer Science classes from Irons Middle School as the partnership spotlight for the month of October.

These past two months Hub City Outreach Center has been educating the youths in Mrs. Collins Family and Consumer Sciences and Career & Tech Education classes. The Administration team at Irons middle school felt that our services were appropriate to implement, and we accepted the challenge.

Our classes would start at 8:20am and run all the way through 3:20pm. These were 8 full periods that all took place in Mrs. Collins's classes once a week every Tuesday. The staff followed the CBSG and

Youth Connection curriculum that is evidence based and approved through Texas HHSC. This curriculum helped students find a self-identity and understanding how to make good life decisions. Each session had a duration of 50 minutes and engaged the kids in topics of how to say no to drugs and alcohol if they are confronted by them.

Mrs. Collins has been such a pillar to our goal of implementing our prevention education by helping the staff keep a safe and clean classroom environment and allowing us to come into her room and work with her kids. The kids have a such a great rapport with Mrs. Collins, which really helped HCOC staff maintain our goal and stay on track with each session. Thank you, Mrs. Collins, for the past two months! We look forward to next semester!



Pictured above:

Mrs. Collins and her Family Consumer Sciences and Career & Tech Education class at Irons Middle School.

Family of the Month

Hub City Outreach Center lives to serve. With the help of our community, we are able to give one family a Blessing Box each month. Blessing boxes contain items that are donated to give families a chance to spend time together and bond that foster mental and personal growth, and ultimately bring happiness. This month, we celebrate four families.

If you would like to donate or nominate a family that is deserving of a Blessing Box, please email us your submissions and any questions you may have. Items can be dropped off at 2707 34th St. (Please indicate 'for HCOC'.)

This month is different, we usually pick one family to promote and ask for donations. But instead, we are going to talk about two cousins who have a servant's heart and four families that benefited from these two men. The holidays are special to most, it's a time where people spend them together with friends and family and enjoy a hot cooked meal. Last month HCOC was approached by Aaron Garcia, a great and humble guy who wanted to cook four whole thanksgiving meals and give them to 4 families that needed it. We work with youth across Lubbock county and the administrations at school campuses and we put the word out there.

We received 4 names to 4 families that had hit a barrier and could really use this cooked meal. Thanksgiving eve, Aaron and his cousin Robert met with HCOC's staff Linda and Adam to deliver the thanksgiving meals so these 4 families could enjoy spending time with their families and a great thanksgiving dinner. Names and photos of families are not shown out of respect, but here is the crew from Thanksgiving Eve's dinner delivery.



Adam, Linda, Robert and Aaron

Leadership Forefront

Hub City Outreach Center is proud to be creating leaders of tomorrow. Leaders are those who set desire in others to be and to do better. Daily we encounter people who struggle yet persevere. We are delighted to be able to showcase our leaders in our newsletter. This month we are showcasing two individuals, our very own Prevention Director Jonathan Edwards and our Vice President/Coordinator Jacqueline Delgado.

In September of this year HCOC obtained two HHSC grants that allows the organization to implement prevention education curriculum throughout Lubbock county. Under these grants HCOC needed a leader to oversee the grant work and communicate directly to the state. Jonathan Edwards has been able to execute the job as the prevention director and making sure the grant work is being implemented with fidelity. We also want to recognize HCOC's Vice President/ coordinator Jacqueline Delgado. Jac has been burning the midnight oil as the boots on the ground supervisor ensuring the

staff have everything they need before they go out into the schools and teach. Jac completes all paperwork and collects measures to submit to Jonathan which then is sent to the state coordinator every month. Jac also serves as the Vice President for HCOC, another boots on the ground position that helps our Executive Director with important administration roles. There is not enough space to talk about these two individuals, so if you see us in a school or presenting in the community you can thank these two individuals for the endless hard work and their passion for the community and HCOC's mission and vision.

If you have a hardworking student or if you know someone who has a serving heart, please let us know. Send your nominations to us via email so we can share their accomplishments with the world.



Jonathan



Jacqueline

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Like us on Facebook!



Hub City Outreach Center's eclectic team is comprised of compassionate individuals that each come from diverse backgrounds and vast areas of expertise. Our organization applies a holistic approach on prevention efforts. We treat everyone equally while respecting the unique qualities they possess. Together, we aim to help youth understand their own personal value and guide them towards a bright and successful future through Prevention Education. As a non-profit, we depend on donations. We are always accepting youth/young adult clothes, shoes, linens, hygiene products, school supplies, incentives, and monetary donations. If you would like to collaborate in any way, please reach out via email. Thank you for considering us!



HCOC crew

In October of this year, Hub City Outreach Center staff sorted through their clothing closet with the help from some awesome South Plains College Child Development students and our amazing LI youth, we had a great Service Day!! Lots of hands, lots of hard work! Once we were done switching out the summer gear for the fall/winter attire, many bags FULL of fall/winter clothes, shoes, socks and school supplies were sent home with our kids that night.

To unsubscribe, please reply: "UNSUBSCRIBE"

Lubbock Impact's Food, Clothing, Healthcare & Spiritual Growth Programs:

Everything is on Wednesday; everything is free.

2707 34th Street
See YOU there! → → → →

- 1:00p – Clothes Closet & Food Voucher Office **Open**
- 4:00p – **Registration** for the Free Clinic & Dental Clinic
- 5:30p – **Free Meal**. Everyone's Welcome!!
- 6:00p – Clinics **Open** Emergency Food Pantry & Food Vouchers
UNPACK Ministry with Poppy
HCOC + Lubbock Arts Alliance + TTU's B.O.S.S. + Guests
- 6:30p – Spiritual Growth Services with Pastor Gilbert

Resources ~

MORE INFORMATION PERTAINING TO IMPAIRED DRIVING.

IF SOMEONE YOU KNOW HAS A SUBSTANCE USE PROBLEM, ENCOURAGE THEM TO SEEK HELP,
IT IS NEVER TOO LATE TO MAKE A CHANGE!

- In 2016, 10,497 people died in alcohol-impaired driving crashes, accounting for 28% of all traffic-related deaths in the United States.
- Of the 1,233 traffic deaths among children ages 0 to 14 years in 2016, 214 (17%) involved an alcohol-impaired driver.
- In 2016, more than 1 million drivers were arrested for driving under the influence of alcohol or narcotics. That's one percent of the 111 million self-reported episodes of alcohol-impaired driving among U.S. adults each year.
- Drugs other than alcohol (legal and illegal) are involved in about 16% of motor vehicle crashes.
- Marijuana use is increasing and 13% of nighttime, weekend drivers have marijuana in their system.
- Marijuana users were about 25% more likely to be involved in a crash than drivers with no evidence of marijuana use, however other factors—such as age and gender—may account for the increased crash risk among marijuana users.

REFERENCES

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